

FOUNTAIN VALLEY REGIONAL HOSPITAL & MEDICAL CENTER

# equipped for Care

fall  
2006

Caring Staff

Innovative Technology

Qualified Physicians

Turning Guidelines  
Into Lifelines

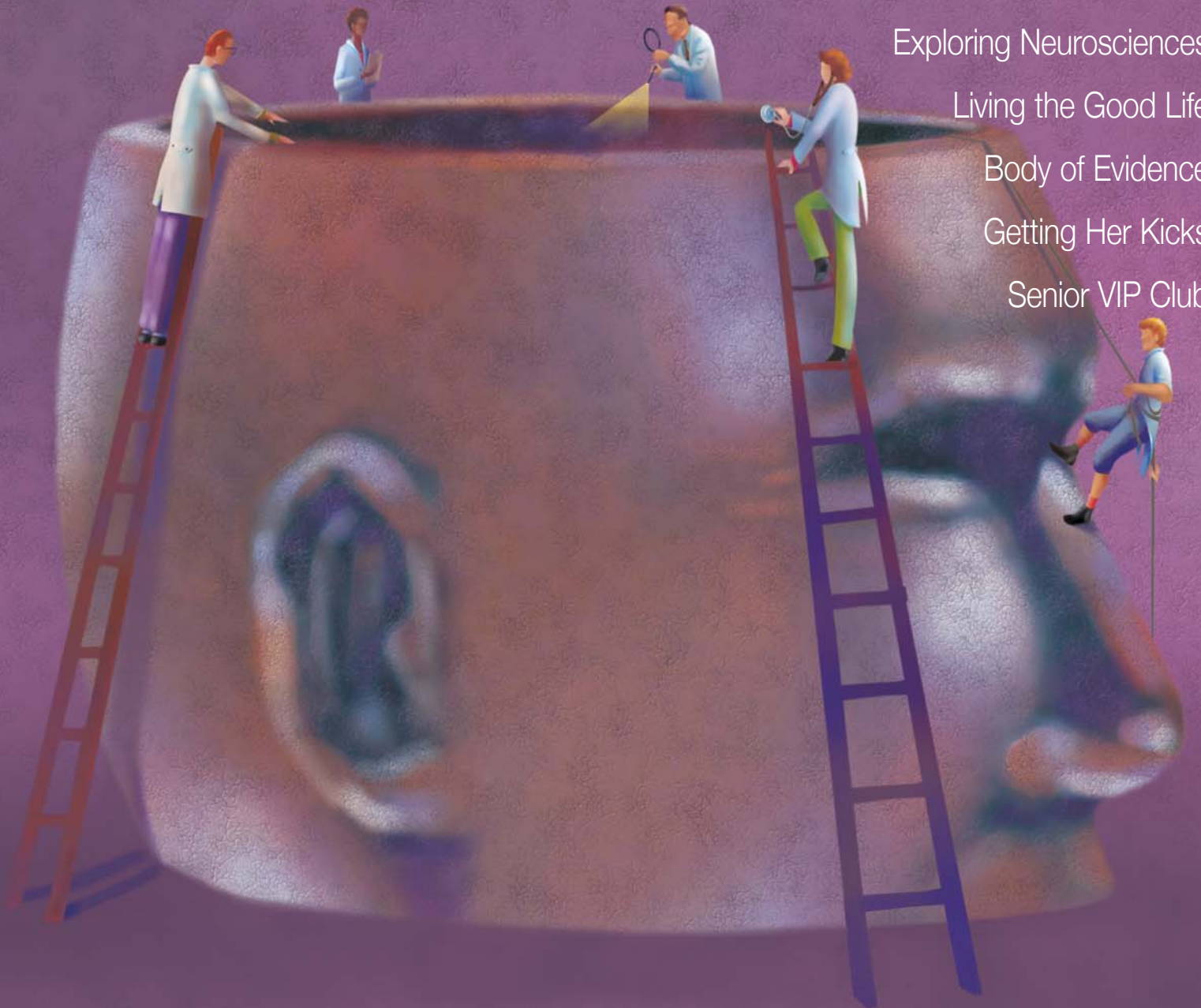
Exploring Neurosciences

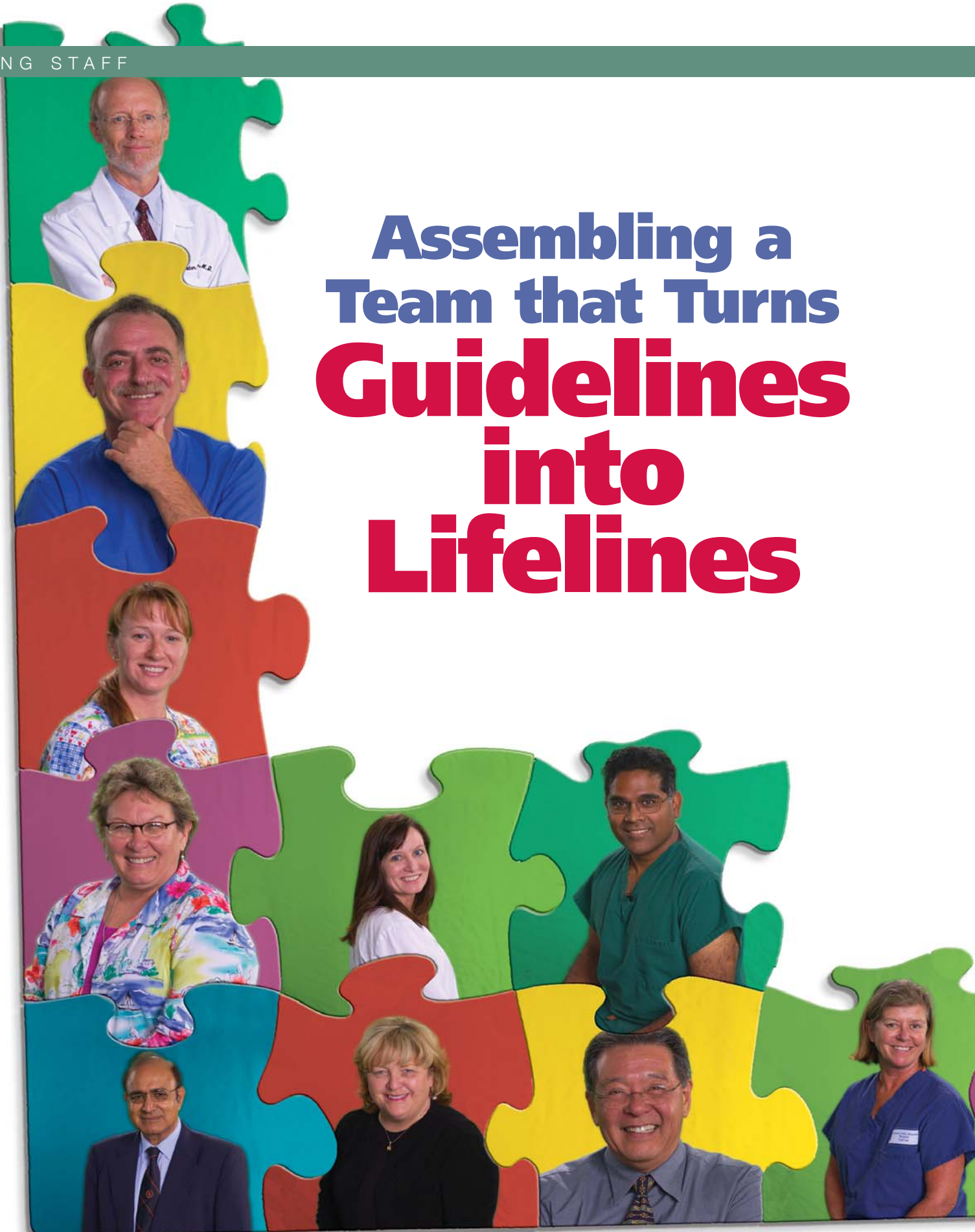
Living the Good Life

Body of Evidence

Getting Her Kicks

Senior VIP Club





# Assembling a Team that Turns Guidelines into Lifelines

Fountain Valley Regional Hospital and Medical Center (FVRH) is one of 173 hospitals in the United States, and one of only two hospitals in Orange County, that was recognized in the July 17th issue of *US News & World Report* by the American Heart Association's Get With the Guidelines<sup>SM</sup> (GWTG) program in an ad for its performance achievement in cardiac patient care.

The American Heart Association's GWTG program compiles extensive cardiac research data, converts it into treatment guidelines, and then helps hospitals adhere to those guidelines. Thus, helping heart disease and stroke patients live longer, stronger lives...*turning guidelines into lifelines.*

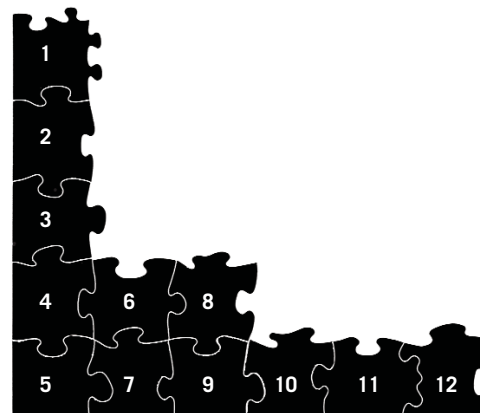
Upon meeting specific criteria, hospitals are recognized for performance achievement if at least 85 percent of their cardiac patients (without contraindications) are treated and discharged according to the American Heart Association's guidelines and recommendations.

"We have assembled a multi-disciplinary team dedicated to implementing these guidelines," said Kathy Dowling, Chief Operating Officer. "Our goal is to deliver patient care that is among the best in the country, and the American Heart Association's GWTG program is helping us accomplish that by making it easier for our physicians and staff to improve the quality of care and long-term outcomes of our cardiac patients."



**Fountain Valley Regional Hospital  
Acute Myocardial Infraction (AMI) Team**

1. Peter G. Anderson, MD, Emergency Medicine
2. Dave Cornish, RN, Charge Nurse, Emergency Department
3. Pam Moore, RN, Interim Director, Intensive Care Unit
4. Rosie Blanch, RN, Director, Emergency Department/Telemetry
5. Satinder Swaroop, MD, Cardiology, Physician Champion
6. Kathy Scott, EP, Interim Director, Cardiovascular Services
7. Kathy Dowling, Chief Operating Officer
8. John Komanapali, LVN, Cardiology
9. Tom Saito, Director, Pharmacy
10. Nancy McCullogh, RN Charge, Cardiac Catheterization Lab
11. Elaine Singer, RN, Quality Assurance Review Nurse (left)  
Cindy Dickerson, RN, Director, Quality Resources Management (right)
12. Jennie Ung, Manager, Pharmacy



# Dancer Finds Relief at the Orange County Institute for Spine

For one third of her adult life, Linda Ford lived with severe back pain, suffering with degenerative disc disease that worsened each year. When her morning “cocktail” of medication and bimonthly cortisone shots stopped easing her pain, she knew it was time to take the next step.

“When you live with a painful disease for so long it motivates you to keep up on the latest treatment options that may help. I read about this new procedure that used bone morphogenic protein for spinal fusions and researched doctors in the area who performed the surgery,” said Linda. “I found Dr. Zafar Khan, Spine Surgeon, with Fountain Valley Regional Hospital and Medical Center (FVRH) and learned that he was skilled in this procedure.”

Following a series of tests, including an MRI that showed a significant increase in degeneration, Dr. Khan determined she was a good candidate for an anterior and posterior spinal fusion using the morphogenic protein.

“At that point, I realized just how bad my back was. Dr. Khan put his arms around me and comforted me,” said Linda. “He said that the bone was starting to be affected. It was definitely time to do something.”

Dr. Khan was upfront about the expectations of surgery. As with most back surgeries, the initial pain following the procedure is difficult to bear. He told her that she may even question why she did it. “He said I’d need to give it six months after surgery to really see the results,” Linda remembered.

Immediately following surgery Linda was recovering well, but she faced a big blow when, just days later, her father died. To the credit of the staff at FVRH, Linda was able to progress well enough in her recovery to attend her father’s funeral.

Just a few months after surgery, Linda even returned to dance class. No more morning “cocktail.” No more cortisone shots. These days Linda is only on one medication, an anti-inflammatory. She’s leaps and bounds from where she started.

“It was hard, but knowing what I know now, I’d do it all over again. I am so eternally grateful to Dr. Khan. He’s changed my life.”

**For a free physician referral, call (714) 979-1408.**

*Linda Ford, a preschool teacher, endured the pain to pursue her passion for dance. She attends dance class four days a week and performs with a women’s tap group out of Long Beach.*



An illustration showing several medical professionals in white coats working on a large, realistic model of a human head. One person is on a ladder, another is using a magnifying glass, and others are examining different parts of the head. The background is a soft, purple and blue gradient.

# Exploring Neurosciences

## New Neurosurgery Program Expands Care for Orange County

### What does a neurosurgeon treat?

#### BRAIN

- Tumors
- Hydrocephalus
- Intracranial/intraventricular hemorrhages
- Subdurals
- Epidurals
- Epilepsy
- Trauma
- Infections
- Trigeminal neuralgia
- Facial spasm

#### VASCULAR

- Aneurysms
- Arteriovenous malformations
- Cavernous malformations
- Carotid stenosis
- Dural av fistulas

#### SPINE

- Herniated disk
- Spinal stenosis
- Spinal deformity correction
- Spinal fusion
- Radicular pain
- Spinal cord stimulator implants
- Pain pump implants
- Spinal infections
- Tumors
- Chiari malformations
- Spine trauma
- Spina bifida

#### PERIPHERAL NERVES

- Carpel tunnel syndrome
- Ulnar neuropathy
- Occipital neuralgia
- Peronial nerve entrapment
- Radial nerve entrapment
- Brachial plexus injury

#### PEDIATRIC

- Hydrocephalus
- Myelomeningocele repair
- Synostosis repair
- Spina bifida
- Tumors
- Encephalocele repair
- Trauma

**N**eurosciences. Neurosurgery. Neurology. The distinction between these clinical disciplines is often unclear to many. They have something to do with the brain, you may be saying to yourself.

And, yes, they do. But did you know that neuroscience programs also treat spine, vascular and peripheral nerve conditions?

Perhaps the lack of knowledge or understanding of this specialty comes from the fact that few hospitals in Southern California offer neuroscience services. And while some Orange County hospitals boast a neuroscience program, few have the level of expertise for both adult and pediatric care that Fountain Valley Regional Hospital and Medical Center (FVRH) offers.

FVRH's neurosurgery program is quickly becoming one of the area's leading providers of comprehensive diagnostic and therapeutic programs for acute and chronic disorders of the central and peripheral nervous systems.

"The hospital has invested significant funds into new technology for neurosurgery, especially minimally invasive equipment," said Edward Rustamazadeh, MD, PhD, a neurosurgeon affiliated with FVRH, and one of only a few with fellowship training in spine surgery. "While most people haven't heard about Stealth, endoscopic or XLIF equipment, what's important to know is that this technology is leading-edge and gives us better precision, allows for smaller incisions and provides the opportunity for a faster recovery."

FVRH's neurosurgery team includes neurosurgeons with adult and pediatric training, neurologists, neuro-interventional radiologists and specially trained pathologists, many with more than 20 years experience in neurosciences. The team's treatment approach focuses on minimally invasive options.

"Neurological problems are complex and diverse—some are present at birth, others emerge during childhood and adulthood, and others are brought on by injury affecting the brain, spine and other areas of the nervous system," explained Dr. Rustamazadeh. "All require the expertise of a multi-disciplinary team for diagnosis and treatment."

Neurosurgeons see a wide range of patient cases—from brain tumors and epilepsy to herniated disks and carpal tunnel syndrome. It is a winning combination of training, staff and technology that is the key differentiator between programs.

"Without a dedicated staff, without the right equipment, you cannot have a comprehensive program," explained Dr. Tien Nguyen, pediatric neurosurgeon affiliated with FVRH. "There is a huge need for neurosurgery in Orange County and Fountain Valley has put together a top-notch team to build a top-notch program."

October

**Alzheimer's Association Workshop**

Adult Day Services of Orange County and the Alzheimer's Association will present this informational workshop.

**Wednesday, October 11th beginning at 10 am**  
**Palm Island Sr. Community Main Dining Room**  
**11300 Warner Ave., Fountain Valley**

**Fee: Free**

**For more information and reservations please call (714) 966-3374**

**Looking for the Fountain of Youth?**

Join us for an interactive session on anti-aging sponsored by Arta Medicare Health Plan, Orange County's newest health plan. Information on plan benefits will also be provided.

**Tuesday, October 17 from 9-11:30 a.m.**

**Saltzer Conference Room**  
**Fountain Valley Regional Hospital**  
**17100 Euclid at Warner, Fountain Valley**

**Fee: Free**

**For reservations please call (714) 966-3374**

**For more information about Arta Medicare Health Plans, call 1-866-844-170, TTY: 1-800-735-2922**

**Breathing Easy**

Join us as we welcome Dr. Prakash Bondade, Board Certified in Internal Medicine and Pulmonology, as he presents this important program on lung function health.

**Friday, October 27th beginning at 10:30 am**  
**Palm Island Sr. Community Main Dining Room**  
**11300 Warner Ave., Fountain Valley**

**Fee: Free**

**For more information and reservations please call (714) 966-3374**

**Cancer Diagnosis & Beyond**

Cancer Support Groups at the Orange County Regional Cancer Center

Held on the third Wednesday of each month  
 Oct. 18th, Nov. 15th, Dec. 20th, 12 pm to 1:30 pm

**Orange County Regional Cancer Center**  
**First Floor Conference Room**  
**11190 Warner Ave., Fountain Valley**

**Fee: Free**

**Facilitator: Francine Zorehkey, Ph.D.**

**For more information please call (714) 513-5511**

**Smoking Cessation—I Can Quit!**

Wednesdays, October 11th, October 18th  
 5:00 pm-6:00 pm

**East Tower on the campus of FVRH**  
**First Floor Conference Room**  
**11250 Warner Ave., Fountain Valley**

**Fee: Free**

November

**Senior Flu Vaccinations**

**Friday, November 10th, 9 am to 12 pm**

**Fountain Valley Regional Hospital**  
**Saltzer Conference Room**  
**17100 Euclid at Warner, Fountain Valley**  
**For more information, please call (714) 966-3374**

**Tuesday, November 14th, 9 am to 12 pm**

**Rodgers Senior Center**  
**1708 Orange Ave., Huntington Beach**  
**For more information please call (714) 536-9387**

**Monday, November 20th, 8:30am to 12 pm**

**The Center at Founders Village Senior and Community Center**  
**17967 Bushard at Talbert, Fountain Valley**  
**For more information please call (714) 593-4446**

Flu Vaccination Clinics organized by the Orange County Healthcare Agency are intended for individuals at risk of developing serious complications from the influenza virus.

*Vaccinations are recommended for the following groups:*

- Persons aged 60 and older
- Children 6- 59 months
- Pregnant women
- Individuals with certain chronic diseases, such as kidney, heart or lung disorders, asthma, diabetes or other conditions that result in the suppression of the immune system.
- Individuals who live with or care for others at high-risk and who can transmit influenza to those high-risk individuals
- Healthcare workers

*Flu Vaccine supplies are limited and available on a first-come, first-served basis.*



**THE HEART CENTER**  
FOUNTAIN VALLEY REGIONAL HOSPITAL AND MEDICAL CENTER

**About Your Heart: Advice from a Cardiologist**

Join us as we welcome Dr. Paul Truong, Board Certified Cardiologist as he presents this important program on heart health.

**Friday, November 17th beginning at 10:30 am**  
**Palm Island Senior Community**  
**Main Dining Room**  
**11300 Warner Ave., Fountain Valley**

**Fee: Free**

**For more information and reservations please call (714) 966-3374**

December

**Holiday Celebration**

Come out and celebrate the season with refreshments and holiday entertainment!

**Thursday, December 14th beginning at 10:30 am**

**The Center at Founders Village Senior and Community Center**  
**17967 Bushard at Talbert, Fountain Valley**

**Fee: Free**

**For more information please call (714) 593-4446**

**'Tis The Season**

Enjoy this holiday tradition of friendship and celebration! Holiday entertainment and refreshments will be served.

**Friday, December 1st beginning at 10:30 am**

**Palm Island Senior Community**  
**Main Dining Room**  
**11300 Warner Ave., Fountain Valley**

**Fee: Free**

**For more information and reservations please call (714) 966-3374**

**Exploring Neurosurgery**

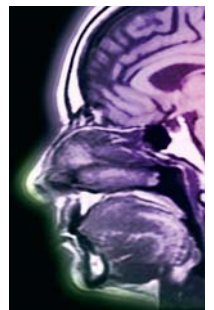
**Friday, December 15th beginning at 10:30 am**

**Palm Island Senior Community**  
**Main Dining Room**

**11300 Warner Ave., Fountain Valley**

**Fee: Free**

**For more information and reservations please call (714) 966-3374**



**Fountain Valley Regional Hospital and Medical Center**

Tenet California

17100 Euclid Street  
 Fountain Valley, CA 92708  
 www.fountainvalleyhospital.com

# BaBy BLvd

FOUNTAIN VALLEY REGIONAL HOSPITAL  
AND MEDICAL CENTER

Advanced registration is required to ensure  
convenient class times and dates.  
For class registration information, call (714) 979-1408  
or visit [www.fountainvalleyhospital.com](http://www.fountainvalleyhospital.com).

## Childbirth Preparation Series

Series is four consecutive weeks beginning  
on the following dates:

Tuesday, October 3rd

Wednesday, October 4th

Wednesday, November 1st

Tuesday, November 7th

6:00-8:30 p.m.

Education Trailer B

Fountain Valley Regional Hospital

Fee: \$65

These classes are recommended for all first-time parents. Concepts to be addressed include understanding the labor and delivery process, breathing and relaxation techniques and the support role of the coach. The Cesarean Childbirth Class/Baby Basics is included in this series. Classes should begin after your seventh month of pregnancy.

## Maternity Orientation

Monday, November 27th

6:30 - 8:30 p.m.

Saltzer Conference Room

Fountain Valley Regional Hospital

Fee: Free

As your due date approaches, you'll want to acquaint yourself with both the place and the particulars of your upcoming birth experience. Meet our staff and other parents-to-be and have your questions answered.

## Baby Safety and Infant CPR

Monday, October 23rd

Monday, November 13th

Monday, December 11th

6:00 - 8:30 p.m.

Education Trailer B

Fountain Valley Regional Hospital

Fee: \$15 per individual or \$25 per couple

Information you'll want to know: choking prevention and intervention, car seat and water safety, as well as the ABCs of infant CPR.

## Breastfeeding Education

Monday, October 9th

Monday, November 6th

Monday, December 4th

6:00 - 9:00 p.m.

Education Trailer B

Fountain Valley Regional Hospital

Fee: \$20

This one-session class is designed to teach mothers-to-be about the lactation process, proper positioning and common concerns and solutions associated with breastfeeding. This class should be taken the month before your due date and your significant other is encouraged to attend.

## Mother Talk

Tuesday, October 10th

Tuesday, November 14th

Tuesday, December 12th

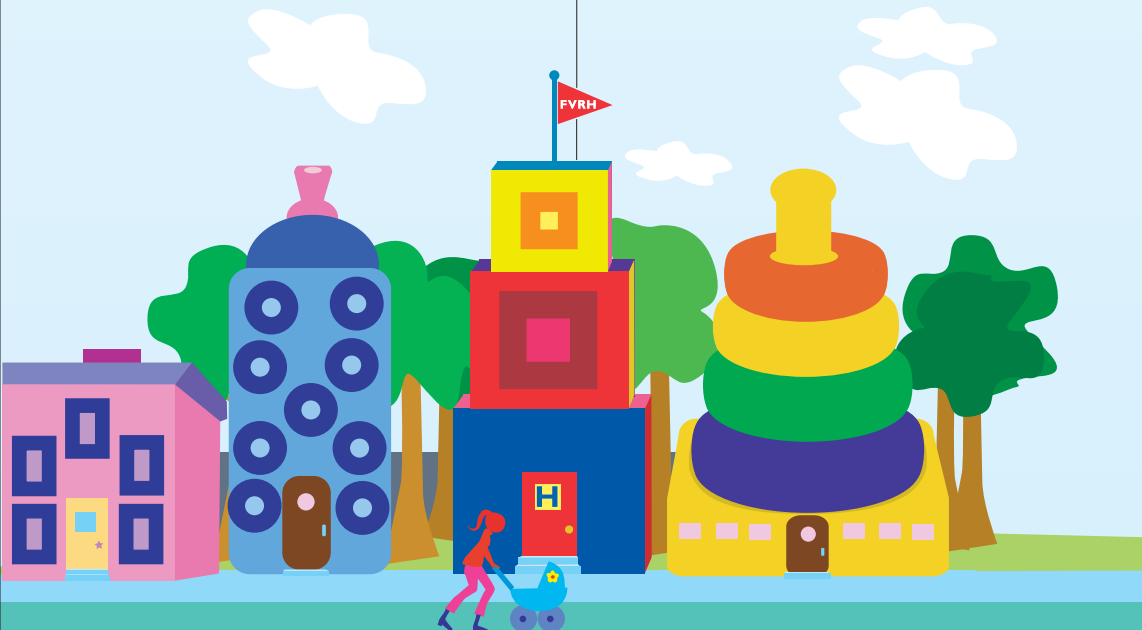
10:00 a.m. - 12 noon

Education Trailer B

Fountain Valley Regional Hospital

Fee: Free

When you are a parent it is especially helpful to talk to others who are experiencing some of the same things you are. Mother Talk is a chance to meet other parents, share ideas and concerns, and talk to a registered nurse about infant care. You are encouraged to bring your baby. Friends are also welcome.



# Living the Good Life

Lynnda's determination along with the skill and support system she found at Fountain Valley Regional Hospital gave her the tools she needed to succeed.

**T**hrough high school, Lynnda Purcell had been a lean and strong athlete. Speed skating, gymnastics, cheerleading and softball were among the many activities she enjoyed. A knee injury her senior year of high school led to less activity and weight gain.

After a World Series game in 2002, Lynnda reinjured her knee so severely that she gained a drastic amount of weight. Finding herself at 270 pounds and attempting to recover from knee surgery, she wasn't able to exercise at the level she needed to keep her weight down. That's when she knew her weight gain was out of control.

"I was young and it was affecting everything in my life—my job, my social life and my health," said Lynnda, 32. As a hotel manager who was required to spend most of her day on her feet in high heels, the weight was causing increased back and foot pain. In addition, her severe asthma was out of control and she was developing sleep apnea. She knew she had to make changes before her health got worse, but she had tried just about everything to lose the weight. Nothing worked.

When visiting her brother in Atlanta, Lynnda read a story about celebrity Carnie Wilson's weight loss surgery success. She was inspired to make her own changes, Lynnda said, and immediately began researching gastric bypass surgery.

"I wrote letters to my insurance company so that they would cover the cost of the surgery. At first I was denied, but I kept at it and eventually was approved. When I researched the doctors on my plan, I knew I wanted to go to the Surgical Weight Loss Program at Fountain Valley Regional Hospital," Lynnda recalled. "I was determined to get the best care possible and their medical director, Dr. Peter LePort, had an outstanding reputation with more than 20 years of experience."

Lynnda's determination, coupled with the skill and support system she found at FVRH, gave her the tools she needed to succeed. She spent the first year charting her weight loss everyday and religiously following the guidelines she received through Dr. LePort's office. She was determined to be a success and go on to enjoy a comfortable, active and more fulfilling life.

After her own surgery, Lynnda watched her sister-in-law, who was also clinically obese, put off weight loss surgery too long. She died within weeks of her scheduled surgery because of asthma and heart problems brought on by her weight. This gave Lynnda that much more incentive to do well.



*Lynnda now sports a cute new Mini Cooper that fits her new lifestyle*

Before surgery, Lynnda was a size 28. She's now 129 pounds, a size 2 and back to her lively self. Along with her new boyfriend, she enjoys spending time doing new activities such as golf, yoga and going to the gym.

"Everything in my life is starting to work out including my new job with the Casablanca Mansion in Orange County. I'm having more fun than I ever thought possible. Life is good."

Fountain Valley Regional Hospital and Medical Center has been named an **American Society for Bariatric Surgery (ASBS)**



**Bariatric Surgery Center of Excellence.** The ASBS Center of Excellence designation recognizes surgical programs with a demonstrated track record of favorable outcomes in bariatric surgery.

Surgical Review Corporation (SRC), an organization dedicated to pursuing surgical excellence, formulates and establishes the rigorous standards with which Fountain Valley Regional Hospital and Medical Center and other Centers of Excellence must comply, thoroughly inspects and evaluates each candidate for designation, and upon review recommends approval of designation for those physicians and facilities whose practices and outcomes meet the stringent demands set forth by Surgical Review Committee and the American Society for Bariatric Surgery.

# Body of Evidence

From a physician's perspective, battling cancer is similar to solving a crime. The body of evidence can be overwhelming and the investigation can be intense. But like most mysteries—crime or cancer—it takes a team of experts to crack the case.

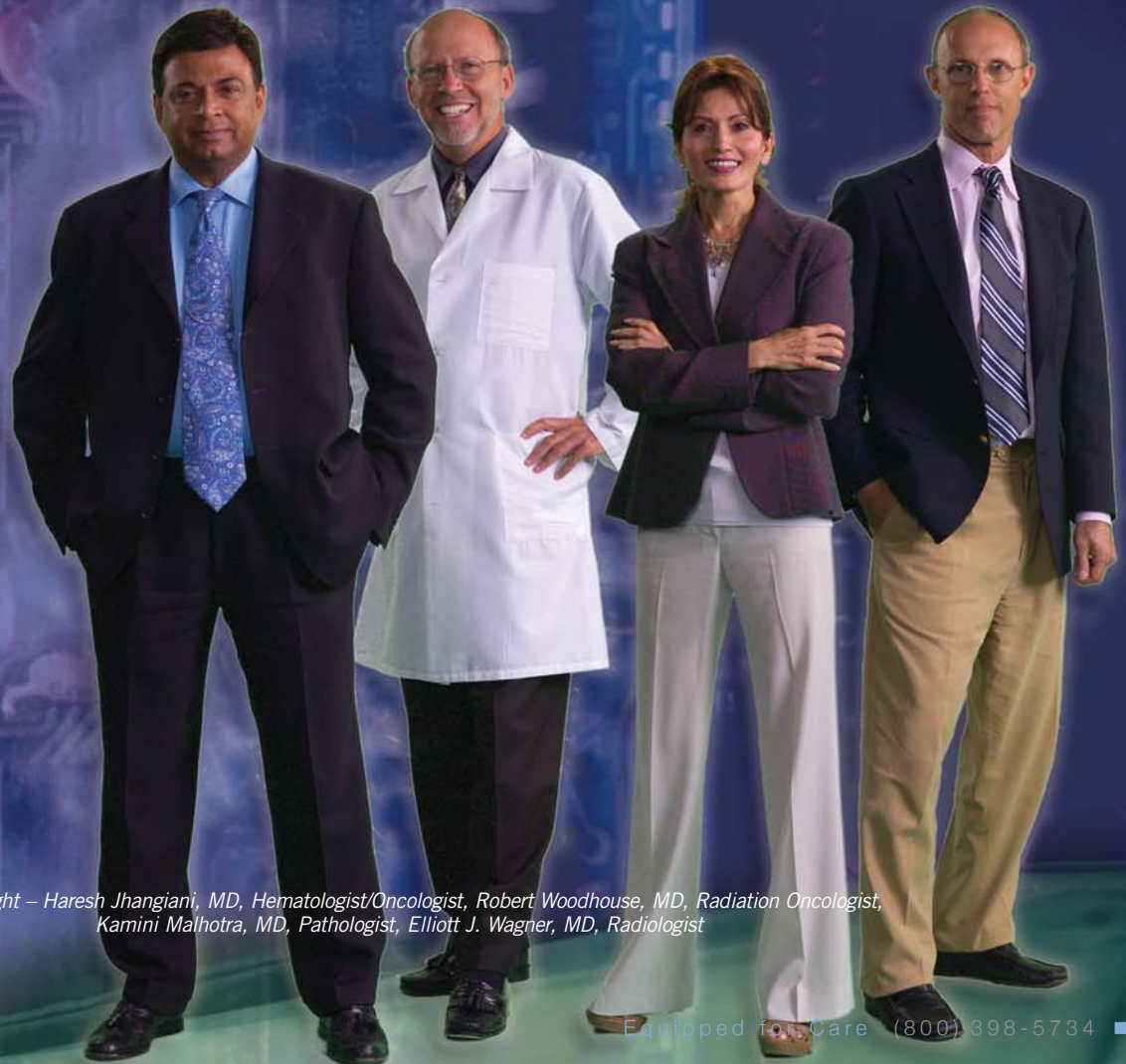
**A**s part of any comprehensive cancer program, medical specialists from multiple disciplines meet regularly for cancer conferences (otherwise known as a Tumor Board) to discuss complex cancer cases. At Fountain Valley Regional Hospital and Medical Center, a group of medical oncologists, pathologists, radiation oncologists, surgeons and radiologists, to name a few, gather to share their experience, expertise and opinions. It is more than a requirement for the cancer program, it is an opportunity to broaden their knowledge base and develop collaborative treatment plans for patients.

Cancer attacks its victims in a sometimes subtle and sometimes aggressive manner. It is often the more aggressive cases that get discussed by the Tumor Board. They study the evidence, determine a suspect and develop a plan of attack to bring down the culprit.

"It is the more challenging cases that are brought to the Tumor Board. Together we decide how best to treat the patient," explained Haresh Jhangiani, MD, hematologist/oncologist at FVRH. "We do more than just discuss a course of treatment. We also use the opportunity to collectively diagnose to ensure the cancer was staged correctly. We discuss whether or not additional testing is required, if chemotherapy would be effective, should surgery be attempted."

"This kind of collaboration is beneficial to the patients and to the participating physicians," said Kamini Malholtra, M.D., a pathologist affiliated with FVRH. "The conferences help increase the quality and effectiveness of treatment—and ultimately the potential for a cure."

Like an investigator at a crime scene, the physicians search every corner, every angle and don't rest until they have an answer.



*Left to right – Haresh Jhangiani, MD, Hematologist/Oncologist, Robert Woodhouse, MD, Radiation Oncologist, Kamini Malholtra, MD, Pathologist, Elliott J. Wagner, MD, Radiologist*

MESSAGE FROM THE CEO

# Mission Accomplished



*Debbie Keel  
FVRH CEO*

One Hundred Forty Four golfers, representing physicians, firefighters, administrators and sponsors gathered in September and raised \$60,000 to enable the Fountain Valley Fire Department to outfit their paramedic and emergency vehicles with four 12 lead EKG machines.

The first Fountain Valley Regional Hospital and Medical Center Invitational Golf Tournament was held September 6th at the Strawberry Farms Golf Club in Irvine to raise enough money for the Fountain Valley Fire Department to purchase four 12 lead EKG machines that will better assess cardiac patients before being brought to the emergency room. Each EKG machine is estimated to cost \$15,000 and our golf tournament proceeds will enable the Fire Department to purchase all four machines!

The new 12 lead EKG machines are key in the diagnosis of cardiac trauma, and will allow emergency personnel from Fountain Valley Fire Department to quickly assess cardiac distress levels. The information

gathered from these machines will enable fire personnel to better treat and then deliver cardiac patients to an appropriately equipped emergency room or medical center. An inaccurate assessment may cause patients to be taken to a facility that is not equipped to handle this level of care and subsequently must be transported to another, better equipped facility.

The Catheterization lab at Fountain Valley Regional Hospital and Medical Center performs these critical cardiac procedures, such as cardiac stenting and angioplasty, and is open 24 hours per day, seven days a week.

A big thank you to all involved in raising money for this great cause!



# Getting Her Kicks...Again

Even before he sent her on for testing, Dr. John Kelly knew at the first exam that she'd torn her ACL (the main stabilizing ligament in her knee).

Elsa has always been athletic. As a soccer player, she's played on some of the state's top teams and has received honors for her skill and sportsmanship. It's been her passion since she was nine years old.

When Elsa tore the main ligament in her knee at a soccer game, she initially thought she only had a minor sprain. But as the pain and swelling worsened, she knew this was something she couldn't ignore.

"There was a loud popping sound and I fell to the ground," remembered Elsa. "I had pain all the way from my ankle to my thigh. My knee swelled up to the size of a softball." Elsa's parents took immediate action as they knew this wasn't something to ignore.

"She's always been so strong, so the injury was hard for her," explained Lisa Sanchez, Elsa's mom, who along with Elsa's dad began researching orthopedists and found John Kelly, M.D., a sports medicine specialist affiliated with Fountain Valley Regional Hospital and Medical Center (FVRH). "Even before he sent us on for testing, Dr. Kelly knew at the first exam that she'd torn her ACL (the main stabilizing ligament in her knee)."

Once Dr. Kelly received confirmation on his diagnosis, he gave Elsa two options for surgery: autograft or allograft. To repair an ACL tear, grafts made of tendon are used to replace the ligament. An autograft is from the patient's own body, while an allograft is used from another source. With an allograft, Dr. Kelly explained

to Elsa, she would experience less pain and a faster recover.

Since sports injuries are fairly common, Elsa and her parents were able to speak to other teenagers who had experienced the same injury and undergone the same procedure. Their success stories, as well as their confidence in Dr. Kelly and FVRH, gave them the assurance they needed to go forward.

"Elsa was very anxious about the whole process. I sat down with her

and her parents to talk about the surgery and what to expect," said Dr. Kelly. "She needed to understand that she wouldn't be able to return to sports for six months until she had completely healed. It was important to achieve a full recovery if she wanted to play sports again."

The procedure was performed arthroscopically, which meant smaller incisions, a shorter surgery and a return to home the same day. "From the moment we walked into the hospital everyone took such wonderful care of Elsa," said Lisa. "We left the hospital feeling we had everything we needed for her recovery. We felt very prepared."

Elsa started physical therapy immediately after surgery and continued for a month until she was able to perform the exercises on her own at home.

Today, Elsa has made a full recovery and is back playing soccer. Her mom said she has grown from the experience.

"I'm definitely more cautious than I was before the injury, and I'm really happy with the results."

**For a free physician referral, call (714) 979-1408**



*Elsa Khawaloujian, 15, is back in the game.*

# We Understand Your Needs



In this age of modernization, computerization, voice mail, email, and instant messaging, getting a hold of an actual person can sometimes be a challenge.

When it comes to your health, it can become even more important to talk to someone that understands your situation, and can help answer your questions, without having to go through a complicated voicemail system.

As part of our continuing commitment to improving the quality of care we provide to our patients, Fountain Valley Regional Hospital introduces the CPAS program, or Center For Patient Access Services.

After pre-admitting, a CPAS representative will contact you by phone prior to your visit at the hospital and review with you your admitting information, including verifying your healthcare coverage and discussing any financial obligations that you will have. Talking with our CPAS personnel before your stay will eliminate the need to review and verify this information on the day of your procedure, which can help reduce stress and anxiety.

There are no additional forms to fill out, no calls to make. We'll do all the work for you. And the best part is you'll get to talk to an actual person who will answer you questions, in plain terms.

## Fountain Valley Regional Hospital and Medical Center

Tenet California

17100 Euclid Street  
Fountain Valley, CA 92708

[www.fountainvalleyhospital.com](http://www.fountainvalleyhospital.com)

Physician Referral & Hospital Program Information **(800) 398-6734**  
Main Hospital **(714) 966-7200**

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